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Meeting Location
Current Advances in Cardiovascular Care 2016 will be held Saturday, March 5, 2016 at The Wyndham Garden Exton Valley Forge, 815 North Pottstown Pike, Exton, PA 19341 484-879-2511.

COURSE DIRECTORS
Nicholas Vaganos, MD
Course Director, Penn Medicine Chester County CME
Penn Medicine Chester County Hospital
West Chester, PA

Timothy Boyd, MD
Chief of Cardiology Section
Medical Director of Invasive Cardiology
Penn Medicine Chester County Hospital
West Chester, PA

Mian A. Jan, MD
Chairman, Department of Medicine
Penn Medicine Chester County Hospital
West Chester, PA

Steven J. Weiss, MD, MBA
Chief of Cardiac Surgery
Penn Medicine Chester County Hospital
West Chester, PA

COURSE FACULTY
Hanna Ahmed, MD
Cardiologist
Penn Medicine Chester County Hospital
West Chester, PA

Christopher Bruno, DO
Endocrinologist
Penn Medicine Chester County Hospital
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Assistant Professor of Clinical Medicine
Director, Electrophysiology Laboratory
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Perelman School of Medicine at the University of Pennsylvania
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Director, Cardiovascular Program
Co-Director, Heart Failure
Penn Medicine Chester County Hospital
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Medical Director, Atrial Fibrillation Program
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Pennsylvania School of Medicine at the University of Pennsylvania
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Director, Cardiovascular Program
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West Chester, PA
The purpose of this educational activity is to provide information on recent advances in the field of cardiovascular medicine and how they impact the management of patients. This emphasis will be on evidence-based, best practice standards of care and on clinical and practical issues faced on a daily basis by the health care team.

The activity has been designed for primary care physicians, interventional cardiologists, clinical cardiologists, surgeons, vascular surgeons, hospitalists, emergency medicine specialists, interventional radiologists, nurses, technologists and other members of the health care team who want to enhance their knowledge of current advances in the management of patients with heart and vascular disease.

Course Objectives:
Upon completion of this activity, participants should be able to:

1. Describe new diagnostic techniques, pharmacotherapy and procedures utilized in the care of the patient with cardiovascular disease
2. List two or more strategies used by the health care team to manage the patient with diabetes and heart disease
3. Indicate where a pharmacologic stress test should be considered in the patient with suspected coronary heart disease
4. Apply evidence-based strategies in the management of patients with asymptomatic valvular disease
5. Describe two new therapies in the treatment of congestive heart failure
6. List two or more clues that may cause QT prolongation
7. Describe the most current eligibility criteria used in the treatment of patients with cardiovascular disease
8. Identify the role of PKS9 inhibitors in the treatment of patients with elevated cholesterol

Hosting Department and Organization:
Current Advances in Cardiovascular Care 2016 is hosted by the Department of Cardiovascular Services at Penn Medicine/Chesapeake Hospital.

Accreditation:
Physicians: The Perelman School of Medicine at the University of Pennsylvania is accredited by the Accreditation Council for Continuing Medical Education (ACEME) to provide continuing medical education for physicians.
Nurses: The Hospital of the University of Pennsylvania, Department of Nursing Education, Innovation and Professional Development is an approved provider of continuing nursing education by the PA State Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Designation of Credit:
Physicians: The Perelman School of Medicine at the University of Pennsylvania designates this live activity for a maximum of 7.5 A.M.A. P.R.A. Category 1 Credits. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses: The program will award 7.25 contact hours.

Certificates and Transcripts: After the symposium has concluded, all participants will receive a follow-up email with instructions and a link. Once participants submit the request for credits, the earned credits will be available for viewing on a transcript and certificates will be available for printing at www.penncmeonline.com. Please note that the individual certificate will not be mailed.

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CME Fee:
$99 for Physicians
$49 for Certified Registered Nurse Anesthetists
$395 for Nurses

Registration Fee:
$395 for Physicians
$295 for Certified Registered Nurse Anesthetists
$195 for Nurses

Conference Fee:
The Wyndham Garden Exton Valley Forge
815 North Pottstown Pike
Exton, PA 19341

Saturday, March 5, 2016
The Wyndham Garden Exton Valley Forge
815 North Pottstown Pike
Exton, PA 19341

7:00 – 7:40 AM
Registration and Continental Breakfast
7:45 – 8:00 AM
Welcome
Novalp Yapbasoglu, MD
8:00 – 8:30 AM
Key Notes: Is It Possible to Reduce the Incidence of Cardiovascular Disease Still Further? The Importance of Prevention and Treatment Care Models
Marcell Jung, MD
9:45 – 10:00 AM
Stress Testing, Choosing the Right Test
Appropriate Use Criteria, What Do They Tell Us?
Matching the Patient to the Test
Umer Adhami, MD
10:15 – 10:30 AM
PCSK9 Inhibitors
Review Outcomes From Recent Trials
The Role of LDL Lowering Medications in Overall Plan
Dars Katari, MD
9:45 – 10:00 AM
Q & A
10:00 – 10:15 AM
Break

VALVE DISEASE
10:45 – 11:15 AM
Management of Patients with Asymptomatic Aortic Valve Disease
Active Monitoring of Aortic Valve Disease
Multidisciplinary Team Approach to Patient Management
Timothy Brook, MD
10:45 – 11:15 AM
Q & A
11:00 – 11:15 AM
Break

Pre-op Evaluation for Cardiac Surgery
The Importance of the H&P
Assessing Perioperative Risk
Patient and Family Collaboration in Setting Goals and Expectations
Steve Wissing, MD, MBA
11:15 – 11:45 AM
Pre-op Evaluation for Cardiac Surgery
The Importance of the H&P
Assessing Perioperative Risk
Patient and Family Collaboration in Setting Goals and Expectations
Steve Wissing, MD, MBA
11:15 – 11:45 AM
Q & A
12:00 – 1:15 PM
Lunch

Case Presentations
Max Jain, MD, Shamee Ahmad, MD
12:00 – 1:15 PM
Q & A
1:15 – 1:30 PM
Break

12:00 – 1:15 PM
Case Presentations
Max Jain, MD, Shamee Ahmad, MD
12:00 – 1:15 PM
Q & A
1:15 – 1:30 PM
Break

HEART FAILURE
1:45 – 2:15 PM
Inherited Cardiomyopathies
ECG Recognition
Long QT Syndrome, Inherited & Acquired
Role of Genetic Testing
Use when to discount the LQTS
LLZ696 and PARADIGM-HF
Carly Voorhees, MD
1:45 – 2:15 PM
Q & A
2:15 – 2:30 PM
New Pharmacologic Therapies for HF
How to use in Warfarin
3:15 – 3:45 PM
ARRHYTHMIA
2:30 – 3:00 PM
Long QT Syndrome, Inherited & Acquired
Scope of the Problem
Genetics and LQTS
Kurt Schiefelbein, MD, PhD
2:30 – 3:00 PM
Q & A
3:00 – 3:15 PM
Break
3:15 – 3:30 PM
Left Atrial Occlusion Devices
Review Outcomes of Prevent AF
Stroke Prevention in Patients With AF
Complementation
Jerome Garcia, MD
7.5
PREVENTION
3:45 – 4:45 PM
Cardio-Renal Syndromes
What They Have in Common
Reduced GFR and Risk for CV Disease
Mayoor Aswani, Ambrish M. Jain
4:15 – 4:45 PM
Diabetes and Heart Disease
Impact of Metabolic Mortality
Challenges in Screening for CV Disease
Christopher Fayed, MD
4:15 – 4:45 PM
Q & A
12:00 – 1:15 PM
Case Presentations
Max Jain, MD, Shamee Ahmad, MD
12:00 – 1:15 PM
Q & A
1:15 – 1:30 PM
Break

4.5
Key Notes:
4.5
Pacing: Is It Possible to Reduce the Incidence of Cardiovascular Disease Still Further? The Importance of Prevention and Treatment Care Models
Marcell Jung, MD
4.5
Q & A
4.5
Break

Adjourn
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Meeting Location
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Hosting Department and Organization:
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Services for the Disabled: Special arrangements are made for individuals with a disability who request service in advance, please contact the Office of Patient and Public Affairs, (215) 898-8005 ext. 5700 or fax (215) 898-2405. Department of Veterans Affairs: VA employees may request non-Veteran related continuing education by contacting the Lebanon CBOC Education Coordinator, (717) 268-3268.

PROGRAM:

Current Advances in Cardiovascular Care 2016

A CME/CNE-CERTIFIED COURSE

Saturday, March 5, 2016
8:45 – 9:15 AM
PCSK9 Inhibitors
• Review Outcomes From Recent Trials
• The Role of LDL Lowering Medications in Overall Plan
Dean Kastrati, MD
9:45 – 10:00 AM
Break

VALVE DISEASE

Management of Patients with Asymptomatic Aortic Valve Disease
• Active Measuring of Aortic Valve Disease
• Multidisciplinary Approach to Patient Management
Timothy Brody, MD
10:05 – 11:15 AM
Pre-op Evaluation for Cardiac Surgery
• The Importance of the H&P
• Assessing Perioperative Risk
• Patient’s Collaboration in Setting Goals and Expectations
Strom Wolff, MD
11:15 – 11:45 AM
Updates on Nuclear Cardiology
• Data From Long-term Follow-up
• The Role of Myocardial Perfusion Imaging in the Diagnostic and Prognostic Setting
Prabhat Valla, MD
11:45 – 12:00 PM
Break

Heart Failure

• Inherited Cardiomyopathies
• EGCG: A New Potent Drug
• Determining Risk for SCD
Angelo Gaglione, MD
12:15 – 2:15 PM
New Therapeutics for HF: Why to Start When?
• LVEF >/= 40% and/or HFrEF
• W, Gay Warm

ARRHYTHMIA

2:15 – 2:45 PM
Long QT Syndrome, Inherited & Acquired
• Scope of the Problem
• Genetics and LQTS
• Medications and LQTS
Kurt Schillinger, MD, PhD
3:15 – 3:45 PM
ARRHYTHMIA II
• Long QT Syndrome, Inherited & Acquired
• Genetics and LQTS
• Medications and LQTS

Prevention

Cardio-Renal Syndromes
• What They Have in Common?
• Reduced GFR and Risk for CVD
Mark D. Fishbein, MD, Andrew M. Jan, MD
4:15 – 4:45 PM
Diabetes and Heart Disease
• Impact on Morbidity & Mortality
• Challenges in Screening for CVH
Javier Mendoza, DO
4:45 – 5:00 PM
Adjourn

Registration Form
Current Advances in Cardiovascular Care 2016
Saturday, March 5, 2016

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Please note we are unable to accept faxed registration forms.
Please print or type:

Affiliation (Hospital, Office, or Company)
Home)
Address (please print or type)
Note: If you are paying by check, you may mail your completed registration form and check made payable to The Trustees of the University of Pennsylvania/CME to Conference Coordinator, Perelman School of Medicine at the University of Pennsylvania, Office of Continuing Medical Education 150 Anatomy/Chemistry Building, 3620 Hamilton Walk Philadelphia, PA 19104-6061

Please Note: Walk-in registrants must bring payment to the program.

CME/A earn 7.25 credits. ABC earn 7.5 credits. ACCP earn 7.5 credits. ARNP earn 7.5 credits. CCRN earn 7.5 credits. CNE earn 7.5 credits. CRNA earn 7.5 credits. CRNP earn 7.5 credits. DNP earn 7.5 credits. RN earn 7.5 credits. SN earn 7.5 credits. PA CME earn 7.5 credits. PA NP earn 7.5 credits. PA PA earn 7.5 credits. PA CRNA earn 7.5 credits. PA CRNP earn 7.5 credits. PA DNP earn 7.5 credits. PA RN earn 7.5 credits. PA SN earn 7.5 credits. PA CRNP earn 7.5 credits. PA DNP earn 7.5 credits. PA RN earn 7.5 credits. PA SN earn 7.5 credits.

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I Apply evidence-based strategies in the management of patients with heart and vascular disease.

List two or more strategies used by the health care team to manage these patients.

Describe new diagnostic techniques, pharmacotherapy, interventional cardiologists, clinical cardiologists, cardiac surgeons, vascular surgeons, hospitalists, emergency medicine specialists, interventional radiologists, nurses, technologists and other members of the health care team who want to enhance their knowledge of current advances in the management of patients with heart and vascular disease.

Course Objectives:
- Describe new diagnostic techniques, pharmacotherapy and procedures utilized in the care of the patient with cardiovascular disease
- List two or more strategies used by the health care team to manage the patient with diabetes and heart disease
- Indicate where a pharmacologic stress test should be considered in the patient with suspected coronary heart disease
- Apply evidence-based strategies in the management of patients with asymptomatic valve disease
- Describe the benefits of remote monitoring in the management of the patient with heart failure
- List two or more classes of medications that can cause QT prolongation
- Describe the most current eligible criteria used in identifying patients eligible for TAVR
- Apply knowledge of genetic testing in the management of patients with cardiovascular disease
- Identify the role of PCSK9 inhibition in the treatment of patients with elevated cholesterol

Hosting Department and Organization:
Cardiovascular Care 2016 is hosted by the Department of Cardiovascular Services at Penn Medicine Chester County Hospital.

CURRENT ADVANCES IN CARDIOVASCULAR CARE 2016
A CME/CNE-CERTIFIED COURSE

A G E N D A

Saturday, March 5, 2016
The Simmons Garden Estate
Valleymont Ford
813 North Penn Valley Pike
Exton, PA 19341

9:00 – 9:30 AM
Registration and Continental Breakfast

9:30 – 9:45 AM
Welcome
Nicholas Vaganos, MD

9:45 – 10:15 AM
Management of Patients with Asymptomatic Aortic Valve Disease
Mariell Jessup, MD

10:15 – 10:30 AM
Break

10:30 – 11:00 AM
Pre-operative Evaluation for Cardiac Surgery
Mary Beth Burch, MD

11:00 – 11:30 AM
The Importance of the H&P
Steven Weiss, MD, MBA

11:30 – 11:50 AM
Data from Long-term Follow-up
Umer Saleem, MD

11:50 – 12:15 PM
Appropriate Use Criteria, What do They Tell Us?
Mark Leier, MD

12:15 – 1:00 PM
Lunch

1:00 – 1:15 PM
PCSK9 Inhibitors
Michael O’Rourke, MD

1:15 – 1:30 PM
Stress Testing, Choosing the Right Test
Richard Jaffe, MD

1:30 – 1:45 PM
New Pharmacologic Therapies for HF
W Gay, MD

2:00 – 2:30 PM
Long QT Syndromes, Inherited & Acquired
Nancy J. Gutgesell, MD

2:30 – 3:00 PM
ARRHYTHMIAS/ARRHYTHMIAPREVENTION

3:00 – 3:15 PM
Inherited Cardiomyopathies
Nicholas Vaganos, MD

3:15 – 3:45 PM
New Pharmacologic Therapies for HF
Wayne Gray, MD

4:00 – 4:30 PM
Chronic Kidney Disease and Heart Disease
Mian Jan, MD, Ambereen M. Jan, MD

4:30 – 5:00 PM
Stroke Prevention in Patients With AF
J. Steven Stampfer, MD

4:45 – 5:15 PM
Break

5:15 – 6:15 PM
Case Presentations
J. Steven Stampfer, MD

A R R I V E D  S C O R E

Major Morbidity & Mortality
Yaron Sivan, MD

CHARGE

Role of Genetic Testing
Kimberly Haddad, MD

Role of Genetic Testing
Guillermo Ramirez

Challenges in Screening for CVD
Christian Borkhorst, MD
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